

ZC 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decabooter Geert

Coaches: Boone Joris

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BREASTSTROKE WOMEN 15+ Heat:5, starttime: 14:18

Heat: 5/9 Lane : 4 Athlete: DEPAEPE LANA Q-time: 01:30:41

PB (50m pool): 01:31.40 Kortrijk 15/02/2026 PB (25m pool): 01:30.41 SB: 01:31.40 Kortrijk 15/02/2026

	50 M	100 M	
PB	00:42.92	01:31.40	
	00:42.92	00:48.48	
	

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11-12 Heat:4, starttime: 15:05

Heat: 4/9 Lane : 2 Athlete: BHIJA NASSIM Q-time: 03:25:43

PB (50m pool): 03:25.43 Gent 08/02/2026 PB (25m pool): no time SB: 03:25.43 Gent 08/02/2026

	50 M	100 M	150 M	200 M	
PB	00:48.42	01:42.02	02:44.46	03:25.43	
	00:48.42	00:53.60	01:02.44	00:40.97	
	

Coach feedback:

Event number: 14: 50M BACKSTROKE WOMEN 13-14 Heat:1, starttime: 15:28

Heat: 1/6 Lane : 3 Athlete: DESTOOP RENÉE Q-time: 00:48:28

PB (50m pool): 00:49.61 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:48.28 SB: no time

	50 M	
PB	00:49.61	
	00:49.61	
	

Coach feedback: